

Sensory Styles Teaching Strategies

Learning Style	Strengths	Challenges	Needs
Kinesthetic	<ul style="list-style-type: none"> • running, swimming, jumping, dancing • working with hands-on projects • participating in competitions and adventures • using the "trial and error" approach 	<ul style="list-style-type: none"> • spelling • interpersonal skills • legible writing • sitting still • interpreting nonverbal communication 	<ul style="list-style-type: none"> • need frequent change of activities • prefer to read "how-to" books, action-oriented books, or for info • like to move around; study by lying on the floor or bed
Tactual	<ul style="list-style-type: none"> • reading nonverbal communication • fine motor activities • interpersonal skills • empathy 	<ul style="list-style-type: none"> • learning when feelings are hurt • working in an uninteresting environment • working when feeling disliked 	<ul style="list-style-type: none"> • need opportunities to touch and feel • need teacher approval and respect • work at own pace • solve problems by talking to others • think, "What would it feel like if?" • read for pleasure (prefer to select the books) • prefer biographies and historical or romantic novels • study with others to discuss understanding
Auditory	<ul style="list-style-type: none"> • can speak well impromptu • remember names • working with language • noticing voice intonation 	<ul style="list-style-type: none"> • taking reading and writing timed tests • following written directions • reading silently for long periods of time 	<ul style="list-style-type: none"> • need opportunities to talk and listen • verbalize possible solutions • talk about pros and cons • ask others what they would do • read plays/dialogs • read aloud for comprehension • listen to music while they work • sound out new words phonetically
Visual	<ul style="list-style-type: none"> • remembers faces • remembers detail and color • creates mental images • reading, spelling, proofreading 	<ul style="list-style-type: none"> • working in a drab environment • being asked to "do" before having a chance to "watch" • working in an environment with a lot of noise or movement 	<ul style="list-style-type: none"> • need visual pictures to go with lectures • need visual distractions to be minimized • use flow charts and other graphic organizers • can spend a long time studying • read for pleasure • learn to spell words relying on memory more than phonetics

